

# RULES of TriCity Trail Half Marathon 2018

## 1. Goals of the event:

- Promotion of Tricity Landscape Park in Poland and abroad
- Popularization of healthy lifestyle, ecological education

## 2. Organizer:

Stowarzyszenie Sport dla Każdego  
ul. Kulińskiego 18, 62-100 Wągrowiec  
Phone: +48 513 083 555  
e-mail: [kontakt@citytrail.pl](mailto:kontakt@citytrail.pl)

## 3. Date and distance:

TriCity Trail Half Marathon will take place on July 8<sup>th</sup>, 2018.  
Distance: 21,1 km

## 4. Start/Finish/Race office localization:

- On Saturday, the race office (and also a place where free accommodation is provided by the organizer, for the participants who declared their will to stay there during the registration process):
- Upper-Secondary School No. 4, Sobieskiego street 344, 84-200 Wejherowo
- Start line: Zamkowa street, close to the City Park in Wejherowo (Park Miejski im. Majkowskiego);
- Time of the start: 9:00
- Finish line: City Park in Wejherowo (Park Miejski im. Majkowskiego).

## 5. Race office:

Race office will be open on:

- Saturday (7.07.2018) from 14:00 till 20:00 and it is located in the Upper-Secondary School No. 4, ul. Sobieskiego 344, 84-200 Wejherowo.
- Sunday (8.07.2018) from 7:00 till 8:15 in the City Park in Wejherowo (Park Miejski im. Majkowskiego), close to Wybickiego street (amphitheatre)

## 6. The course:

- The course passes through tourists paths of the Tricity Landscape Park.
- In few places those paths (as well as the course) enter the urban zone. In those cases participants must follow traffic rules. In the event of violation of these rules, time penalties will be imposed on the participants.
- The course will be marked on its entire way, with particular emphasis on parts where the course has changed. The exact course map may be found on our website in the section: TRASA
- First kilometers lead through asphalt roads in Wejherowo.
- After approx.. 2,2km the course goes into the Tricity Landscape Park
- Distance: 21.1 km
- Climb and descent: +280/-280
- Time limit for completing the competition: 3,5h

## 7. Refreshment points and checkpoints

- Refreshing point will be also a checkpoint. Runners who won't show up at the checkpoint at a specific time will be disqualified.

- Those runners who will reach checkpoints after time limit won't be classified in the race, they should stop the race, take off their race number and follow the organizer's instructions.
- In the event of non-compliance with the instructions when a rescue operation is needed, the competitor might be charged with the costs of this operation and the organizer will no longer be responsible for the participant.

#### **List of refreshment points:**

- Buffet 1 – approx.. 12km - water, isotonic drink; time limit: 2h  
Additional checkpoints may be added to the course, in which the referees will write down the starting number of the participants.
- Omitting any checkpoint will result in time penalty or disqualification (the final decision belongs to the main referee).

#### **8. Deposit:**

Close to the finish line there will be a deposit for runners, who want to leave their belongings.

#### **9. Entry requirements:**

- Anyone who has completed 18 years of age by July 8<sup>th</sup>, 2018 may participate in the TriCity Trail races.
- Runners registering for the race declare that they take part in the race on their own responsibility and that there are no medical contraindications to participate in the run.
- All participants must be personally verified at the Race Office/Check-in.
- During the verification, every runner must have an identity document (ID, driving license, passport) in order to check his/her identity and date of birth.
- All runners must comply with the Race Rules and the regulations of the TriCity Landscape Park.

#### **10. Entry details:**

- Entries are taken online from January 17<sup>th</sup>, 2018 using an online registration form available on the organizer's website: [www.tricitytrail.pl](http://www.tricitytrail.pl)
- The organizer sets the limit of entries for the half-marathon for 600 participants.
- Check-in/verification of runners will take place at the Race Office on July 7<sup>th</sup>, 2018 from 14:00 until 20:00 (at the Upper-Secondary School No. 4, Sobieskiego street 344, 84-200 Wejherowo) and on July 9<sup>th</sup> from 7:00 till 8:15 (in the City Park in Wejherowo, close to Wybickiego street).
- Your entry is only valid when you fill in the online form and pay the entry fee.

#### **11. Entry fee:**

- 50 PLN till May 31<sup>st</sup>, 2018
- 65 PLN till June 30<sup>th</sup>, 2018
- 80 PLN till July 1<sup>st</sup>, 2018

#### **General rules:**

- Payments should be made via electronic payments (dotpay.pl) available in the application form.
- The fee is not valid if it was made after the deadline or when it is brought after the limit of places has been reached.
- Till 30<sup>th</sup> of June there is a possibility to pass your entry to another person.

- Entry fee is non-refundable.
- Shortening, changing the course of the route and canceling the competition on one of the routes or completely canceling the race during its duration are not a basis for refunding the entry fee.
- In case of canceling the competition due to the fault of the organizer before the start, participants are entitled to a refund of the entry fee.
- During the electronic registration for the race, it is possible to order:
  - an occasional Salomon technical shirt, if you choose a T-shirt, you will be charged an additional cost- 59 PLN
  - an occasional Salomon peak, in case of selecting it, an additional cost will be added to the entry fee- 99 PLN (can be ordered by May 31<sup>st</sup>,2018);
  - there will not be possible to purchase a shirt and/or a peak at a later date.

#### **Entry fee covers:**

- Start in the race, electronic time measurement and service at the course;
- An occasional multifunctional scarf;
- An occasional t-shirt (for an additional cost of 59 PLN);
- An occasional peak (for an additional cost of 99 PLN, can be ordered by May 31<sup>st</sup>);
- Access sanitary facilities before and after the race;
- Race numbers;
- Water and isotonic drinks on the course;
- Regeneration meal after the race;
- Medical protection;
- Referees' service;
- Statuettes and prizes for the best runners;
- Medal for all participants, who will finish the race;
- Other services, if possible.

#### **12. Classification:**

- The general women and men classification - in OPEN classification prizes will be awarded to 1st, 2nd, 3rd, 4th and 5th both men and women.
- Age divisions: K1 (18-29 years old), M1 (18-29 years old), K2 (30-39 years old), M2 (30-39 years old), K3 (40-49 years old), M3 (40-49 years old), K4 (50 years old and older), M4 (50 years old and older) – in age divisions prizes will be awarded to 1st, 2nd and 3rd.
- Classifications do not duplicate, people awarded in the general classification will not be awarded in the age category.

#### **13. Prizes:**

- In the general women and men classification and in age divisions: statuettes and in-kind prizes.
- The condition for receiving the prize is a personal participation in the ceremony of awarding- in the case of absence, the prizes will not be given.

#### **14. Mandatory gear:**

At the Halfmarathon distance, participants are required to have:

- Race number
- Time measurement chip

## **15. Personal data protection:**

- Personal data of TriCity Trail participants will be processed for the purpose of the event, selection of winners, awarding, issuing, receiving and the settlement of prizes and also for marketing purposes.
- Referring to the data processing from the first point of this paragraph, according to participation in the TriCity Trail also includes the publication of the participant's first and last name along with the name of the town where he/she lives.
- The participant has the right to review their personal data and correct them.
- Providing personal data and giving permission to its processing is voluntary, but its lack or disagreement to processing indisposes participation in the TriCity Trail competition. By submitting to the organizer a correctly filled and signed application form, the participant agrees and allows the use of the participant's personal data provided for the purpose of sending information, eg. e-mail, text message, regular letter, regarding future events, commercial products, data sharing to partners and event sponsors, as well as internal administrative and analytical needs, in accordance with the Personal Data Protection Act of August 29<sup>th</sup> 1997, Journal of Laws from No. 133, item 883. The guardian has the right to withdraw such consent and may do so at any time by directing correspondence to the address of the organizer.
- All information about participants obtained by the organizer and contained in the application form will be saved electronically and in any case will be used in accordance with the Act on the Protection of Personal Data of August 29<sup>th</sup> 1997, Journal of Laws from. No. 133, item 883. The organizer has the right to share data obtained through the registration form with partners and event sponsors.

## **16. Final rules:**

- For safety reasons, the organizer can change or shorten the course, and in case of extreme weather conditions the race can be cancelled.
- Runners must have their race number on front of their body.
- Runners must get accident insurance on their own.
- Participants taking part in TriCity Trail agrees to use his own image for TriCity Trail promotion.
- The organizer provides free accommodation (for people who declare their will during registration, there is a limit of 100 places)
- The organizer of TriCity Trail reserves the rights to make changes in the Rules, but is obliged to inform about it on the website before the event starts.
- Final and binding interpretation of these Rules is only granted to the organizers of the TriCity Trail.